



Lauren Graham

Associate, Pensions and Benefits

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Toronto

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Bar Admission: Ontario, 2023

Areas of Expertise

Pensions and Benefits

Lauren is an associate in the Pensions and Benefits Group of our Toronto office.

Prior to joining Osler, Lauren summered, articulated, and practiced at a leading pension, benefits and executive compensation boutique, where she advised public and private sector sponsors and administrators on a wide range of pension plan compliance and governance issues. Lauren has provided advice on a variety of pension plan administration issues, including religious exemptions from mandatory plan participation, recovery of pension overpayments, and the fiduciary implications of various pension plan investment strategies and offerings.

In her previous role, Lauren gained experience working with jointly sponsored pension plans, including acting as counsel for a sponsor of a jointly sponsored pension plan and assisting the sponsor and administrator of a single-employer pension plan in its conversion to a jointly sponsored pension plan.

Lauren received her J.D. from Osgoode Hall Law School. While in law school, Lauren was the recipient of the Gowling WLG Prize for attaining the highest standing in Environmental Law, and the Arthur Charles Pape Memorial Prize for attaining the highest standing in Indigenous Peoples and Canadian Law. Prior to attending law school, Lauren received a Bachelor of Environmental Studies, with a specialization in Environmental Politics, from York University.

Community Involvement

- Ontario Justice Education Network Charter Challenge Program, Facta Evaluator (2020)
 - METRAC, Student Volunteer (2019-2020)
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Credentials

Education

- Osgoode Hall, J.D.
 - York University, B.E.S. (summa cum laude), Spec. Hons, Environmental Studies (Environmental Politics)
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Languages

- English
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Professional Affiliations

- Canadian Bar Association, Pension and Benefits Law Section
- Ontario Bar Association, Pension and Benefits Law Section
- Ontario Bar Association, Labour and Employment Law Section